

MOUNTAINS TO THE SEA

Choreographed by Maggie Gallagher (November 2015) www.maggiieg.co.uk

64 Count 2 Wall High Beginner Level Linedance

Music: Mountains to the Sea by Mary Black feat. Imelda May (available from Amazon 99p)

Intro: 8 count (4 secs)



S1: ROCK FWD, ROCK BACK, ROCK FWD, SHUFFLE BACK

1-2-3-4 Rock forward on right, Recover on left, Rock back on right, Recover on left

5-6 Rock forward on right, Recover on left

7&8 Step back on right, Step left next to right, Step back on right

S2: ROCK BACK, ROCK FWD, ROCK BACK, SHUFFLE FWD

1-2-3-4 Rock back on left, Recover on right, Rock forward on left, Recover on right

5-6 Rock back on left, Recover on right

7&8 Step forward on left, Step right next to left, Step forward on left **Restart Wall 5 [12.00]*

S3: SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

1-2 Rock right to right side, Recover on left

3&4 Cross right over left, Step left to left side, Cross right over left

5-6 Rock left to left side, Recover on right

7&8 Cross left over right, Step right to right side, Cross left over right

S4: SIDE TOUCH, SIDE TOUCH, HEEL & HEEL & HEEL, HOLD

1-2-3-4 Step right to right side, Touch left next to right, Step left to left side, Touch right next to left

5&6 Tap right heel forward, Step right next to left, Tap left heel forward

&7-8 Step left next to right, Tap right heel forward, HOLD

S5: SIDE TOUCH, SIDE TOUCH, HEEL & HEEL & HEEL, HOLD

1-2-3-4 Step right to right side, Touch left next to right, Step left to left side, Touch right next to left

5&6 Tap right heel forward, Step right next to left, Tap left heel forward

&7-8 Step left next to right, Tap right heel forward, HOLD

S6: JAZZ ¼ FWD, JAZZ ¼ CROSS

1-2-3-4 Cross right over left, ¼ right stepping back on left, Step right to right side, Step forward on left

5-6-7-8 Cross right over left, ¼ right stepping back on left, Step right to right side, Cross left over right

S7: VINE RIGHT CROSS, CHASSE, ROCK BACK

1-2-3-4 Step right to right side, Cross left behind right, Step right to right side, Cross left over right

5&6 Step right to right side, Step left next to right, Step right to right side

7-8 Rock back on left, Recover on right

S8: VINE LEFT CROSS, CHASSE, ROCK BACK

1-2-3-4 Step left to left side, Cross right behind left, Step left to left side, Cross right over left

5&6 Step left to left side, Step right next to left, Step left to left side

7-8 Rock back on right, Recover on left

RESTART: Wall 5 after 16 counts [12.00]

VIDEO: <https://www.youtube.com/watch?v=NuB9B2Jumz4>